

RADIO SCRIPT

You know how it is

Macedonian

Announcer: (Male - calm and reassuring, matter of fact)

Sound effects: *We hear a man walking along as he talks. His footsteps are reasonably brisk.*

Male voice: Znae{ kako e . . . se penzionira{ . . . stavi{ nekoe kilo. . . no ne se sekiram.

Sound effects: *His footsteps get heavier and slower.*

Male voice: Potoa ima{ vnuci. . . `ivotot povtorno postanuva poaktiven, se otpu{ta{ malku. . . no ne se sekiram.

Child voice: Ej dedo ! Probaj fati me!

Sound effects: *We hear him try to chase the girl, but it doesn't take too many steps before he runs out of breath. We hear him puffing heavily.*

Male voice: Koga sfativ deka vlijae vrz zdravjeto. . . sekako se zagri`iv.

Daughter: Ajde dedo!

Announcer: Kolku pove}e stavate , tolku pove}e ke treba da izgubite.

Nezdrava ishrana i pijaloci i nedovolna telesna aktivnost mo`at seriozno da vlijaat vrz va{eto zdravje

Za pove}eto lu|e vo na{ata zaednica, ako obemot na strukot e pogolem od 94sm za ma`i i 80sm za `eni se nagolemuva rizikot za oboluvawe od nekoi vidovi rak, srcevi bolesti i {e}erna bolest tip 2..

Proverete kaj va{iot lekar dali ste vo rizi~nata grupa.

Kakva e va{ata mera?

Za soveti i informacii posetete ja veb stranata
www.australia.gov.au/MeasureUp

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